### How to post an Earth Day pledge on Instagram Story

# Save the pledge template via Instagram:

Go to @cyanonline or @coughtobaccofree. Tap on the profile picture to access the story. Press your finger on the screen and take a screenshot to save the story.



#### Step 1: Select the template to post

On your homepage, click on the camera icon or your profile picture to go to the camera & filters page. Next, click on the icon in the bottom left to access your images and select the template.





#### **Step 2: Type your pledge**

Tap the "Aa" icon in the top right corner to access the keyboard. Type your pledge, select your font and color, and press done to position the text on the screen by dragging your finger.



#### Step 3: Tag CYAN and 3 friends

To tag friends, tap the square icon with the (third icon from the right) to access the @mention function. Type @ and the username of the person you'd like to tag. (You will need to do this separately for each person you tag). Don't forget to tag @cyanonline and @coughtobaccofree to share your pledges with us!



### Step 4: Post the finished pledge to your story

Tap your profile picture in the bottom left corner to post the finished pledge directly to your story.



# Step 5: Post a blank template to share with friends!

Once you post your finished pledge, repeat step 1 and select the blank template for you story. Once the blank template is selected, click on your profile picture in the bottom left corner to post directly on your story to share.